

Spring / Summer 2019



w/c 25th Feb, 18th Mar, 8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 12th Aug, 2nd Sept, 23rd Sept

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Sausages & Mashed Potato With Peas & Carrots	▲ Beef Lasagne Italian Roast Vegetables (peppers, onions, courgettes & garlic)	▲ Roast Gammon, Crispy Roasties Fresh Broccoli and Honey Roast Carrots	▲ Chicken Korma (onions, peppers & mushrooms) with Boiled Rice and Salad	Fish Fingers, Chips, Peas and Salad
▼ Vegan Quorn Sausages with Mashed Potato Peas & Carrots	▼ Veg Chilli Tacos with BBQ Beans or Italian Roast Vegetables	▼ Quorn Roast, Crispy Roasties Fresh Broccoli and Honey Roast Carrots and Gravy	▼ Macaroni Cheese with Mediterranean Vegetables (peppers, red onions, courgettes)	▼ Cheese & Tomato Pizza Chips and salad
Italian Orange Cake	Banana Cake with Custard	Cherry Flapjack	Fruit Jelly with Mousse	Oat Cookie and Yoghurt

w/c 4th Mar, 25th Mar, 15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 29th Jul, 19th Aug, 9th Sept, 30th Sept

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Sweet & Sour Chicken and Rice Carrot batons and broccoli	▲ Beef Bolognese and Spaghetti Mixed Vegetables	▲ Lemon Roast Chicken with Sage and Onion Stuffing Fresh Cauliflower and Carrots	▲ Chilli Con Carne with Vegetable Rice (peas, diced peppers, sweetcorn)	Crispy Battered Fish and Chips Peas and salad
▼ Cheese & Onion Pie with crispy potato topping Baked Beans	▼ Tomato & Roasted Vegetable Pasta with New Potatoes and salad	▼ Quorn Roast, Crispy Roasties Fresh Cauliflower and Carrots and Gravy	▼ Cheese & bean Wrap with a mixed Salad	▼ Cheese & Tomato Pizza & Chips with salad
Tiramisu Trifle Pot	Apple & Cinnamon Swirl	Ice Cream Tub	Mini Chocolate Brownie with Orange Wedge	Ginger Cookie and Yoghurt

w/c 11th Mar, 1st Apr, 22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 5th Aug, 26th Aug, 16th Sept

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Cottage Pie, carrots and Broccoli	▲ Chicken Pasta Bake with Roasted vegetables	▲ Pork, Crispy Roasties, Cabbage and Carrots	▲ Chicken Burger on Wholemeal bun with Salad and Coleslaw	Salmon Fish Fingers Chips and Peas with Salad
▼ Vegetable Curry with Wholegrain Rice and salad	▼ Roasted Vegetable Lasagne, Mediterranean Vegetables (peppers, courgettes, red onion)	▼ Quorn Toad in the Hole with Crispy Roasties and Gravy Cabbage and Carrots	▼ Chickpea Burger on a Wholemeal bun with Salad and Coleslaw	▼ Quorn Burrito with Salad Chips and Peas
Apricot Biscotti & Lemon Yoghurt	Cheesecake of the day	Magic Chocolate Pudding	Carrot and Pineapple Muffin	Lemon Cookie and Yoghurt

We offer **seasonal vegetables, bread, yoghurt and fruit daily.** (allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



Aspens

BUBBLE