



Witton Middle School

Sex and Relationship Education Policy

Policy Aims:

The Governing Body and Headteacher have consulted with parent representatives, staff, pupils and Healthy Schools Programme Advisors in order to develop this policy which has the following aims:

- To provide a description of how Sex and Relationship Education (SRE) is delivered, monitored and evaluated in the school.
- To set out the framework of values to guide the delivery of SRE and the wider pastoral care of pupils, and contributes towards the ethos of the school.
- To communicate young people's legal rights to seek confidential advice, support and treatment around their sexual health and also parents'/carers' legal right to withdraw their children from SRE.
- To describe how young people can be helped to access confidential help both within school and in the community.

Definition of SRE:

SRE is lifelong learning about physical, moral and emotional development and the importance of marriage, family unit, stable and loving relationships, respect, love and care. SRE also includes teaching about sex, sexuality and sexual health whilst not promoting any particular sexual orientation or sexual activity.

Our School Values:

All those who teach aspects of SRE within school, including visitors, are expected to be guided by the following values. These represent the values held in common by the whole community.

Our teaching of SRE will encourage pupils to:

- value and respect themselves;
- value and respect others for who they are, not for what they have or what they can do;
- value and respect differences in people's religion, culture, sexual orientation, physical and mental ability and social background;
- value and respect their own and others' right to make choices in sexual relationships after having accepted responsibility for considering the consequences of those choices;
- value stable and loving relationships for the nurturing of children and as the basis of a society in which people care for one another.

The personal beliefs and attitudes of teachers will not influence the teaching of sex and relationship education in this school.

Learning outcomes for SRE within school:

By the end of Year 7 pupils will:

- have opportunities to gain the knowledge and skills necessary to start building healthy relationships;
- have considered their own and others' attitudes towards relationships and sex;
- begin to develop positive values which will guide them in making healthy choices in their future relationships.

Aspects covered within topics:

Key stage 2		PSHE	Science
Year 5	<ul style="list-style-type: none"> • Puberty Changes • Families • Human Life Cycle 	<ul style="list-style-type: none"> • Human Life Cycle 	
Year 6	<ul style="list-style-type: none"> • Puberty Changes including emotional changes • Human reproduction 		
Key Stage 3		PSHE	Science
Year 7	<ul style="list-style-type: none"> • Puberty Changes • Healthy relationships • HIV and infectious diseases • Contraception 	<ul style="list-style-type: none"> • Adolescence (physical and emotional changes) • Human reproductive system • Pregnancy and birth • Fertility 	

The Delivery of SRE in this school

SRE is coordinated by Personal, Social Health Education (PSHE) and Science Curriculum Leaders and aspects are taught within curriculum areas in all year groups.

- SRE within PSHE is taught, in most cases, by the class teacher.

Teaching Methods:

The teaching methods are chosen to provide opportunities for active learning, which incorporates:

- Ground rules and distancing techniques reinforced each lesson;
- circle time activities;
- small group work;
- discussion;
- role play to explore emotions within parent/child relationship situations;
- project work;
- reflection and evaluation of their learning.

The 'Sex and Relationship' resource, produced by the Sexual Health Education Unit, is used in Year 7, alongside other resources. This is continued in the High School in Year 8, providing a common transition resource, to aid continuity.

Time allocation

- All classes have 1x 55min lesson of PSHE per week of which SRE forms part of the curriculum.
- Teachers responsible for the delivery of PSHE decide how many lessons are needed to cover the issues arising, considering the needs of the children in their class. However, there is an expectation that all areas of work will be fully covered in each module.

Visitors

- Visitors to school such as parents/carers, health professionals and members of voluntary organisations, may be invited to contribute to SRE lessons.
- They will be given a copy of this policy and will be expected to work within the policy framework described within.
- The PSHE Co-ordinator and class teacher will ensure that the visitors' contribution to lessons are in line with the learning outcomes of the school's SRE Schemes of Work.
- A teacher will be present during the lesson.

Monitoring and evaluation of SRE

Monitoring by the PSHE Co-ordinator will include:

- pupils 'needs analysis' activities (Health for Life eg Jugs and Herrings, based on prior knowledge and pupils requests for knowledge);
- lesson observation;
- monitoring of lesson plans especially objectives and outcomes;
- gathering feedback through pupil evaluation sheets and teacher discussion;
- a register of pupils participating or withdrawn.

Liaison with feeder schools:

Liaison with feeder first schools and pyramid meetings with the High School will ensure effective continuity and progression in SRE within the Droitwich Pyramid.

Withdrawal of pupils from sex and relationship education and complaints procedure

- Parents/carers are informed of their legal right to withdraw their child from SRE via the school prospectus/handbook
- Any parent/carer wishing to withdraw their child is encouraged to speak with the Curriculum Leader for Science or PSHCE before making a definite decision.
- Pupils cannot be withdrawn from any part of SRE which falls within the National Curriculum.

Any complaints about the content or delivery of SRE should be addressed to the Headteacher.

Equal Opportunities

Sex and relationship education in the school is guided by other school policies including the Anti-Bullying and Safeguarding Policies, all available from the school office.

The school aims for all pupils to have equal access to the SRE curriculum and to sources of help and support. Year 7 students whose parents/carers wish to withdraw them from SRE are still entitled to receive information about how they can access confidential help and advice.

Objective discussion of the diversity of personal, social and sexual preference in relationships may take place in SRE but prejudiced views will be challenged in order to encourage tolerance. Any bullying around sexual behaviour or perceived sexual orientation arising from this prejudice will be dealt with as a serious matter.

Confidentiality and young people

Under the common law young people are entitled to the same duty of confidence as adults. Personal information about them should not be shared without their permission except for the purpose of safeguarding. In the event of serious concerns, staff must refer all matters to the School Nurse and the School's Designated Safeguarding Lead (DSL) or their Deputy, strictly adhering to guidelines for action in the school's Safeguarding Policy.

Under 16's entitlement to confidential health advice and treatment

The School Nurse and other health professionals follow guidelines which allow them to give advice and treatment to young people under 16 years old without the knowledge or consent of the parent(s)/carer(s) if that is in the young person's best interest and they have sufficient maturity and understanding of what is involved. They will, however, encourage the young person to talk to their parent(s)/carer(s). Only in cases where there is abuse or serious risk of harm would the professional follow the county safeguarding procedure and breach the young person's confidentiality. The young person would be kept fully informed at all stages of the procedure.

It should however be noted that given the age range of pupils at Witton Middle School it is unlikely that any of them would be judged to be competent under these guidelines to be entitled to this confidential advice and treatment unless it is in relation to something relatively minor. In most cases involving pupils at Witton, it is likely parental consent would be required as the pupil would not be assessed as having the necessary maturity required to consent themselves.

When the School Nurse sees students on a one-to-one basis she will follow these professional guidelines. In PSHE lessons, however, she must follow the same guidelines as teachers.

Confidentiality guidelines for teachers

- Always start lessons of SRE with ground rules.
- Use distancing techniques to prevent disclosure of personal information by pupils in the classroom.
- Teachers cannot guarantee confidentiality.
- School Nurse and other health professionals can guarantee confidentiality except in cases of abuse or serious harm.

Disclosure of underage sex

There may be occasion when a teacher learns that a pupil is having or contemplating having sexual intercourse.

A child under the age of 13 cannot legally give their consent to any form of sexual activity and anyone involved in sex with a child under 13 is committing a criminal offence. Therefore as the age range of pupils at Witton Middle School is 9 to 12 years, this sexual activity should always be seen as an indicator of abuse, neglect, grooming or child sexual exploitation and this should always result in a child protection referral.

Also given their age, a pupil at Witton would never be entitled to confidential contraceptive advice or treatment via the school.

Student support services available in school

- School Nurse and DSL work together with class teachers, but they will not share personal information about pupils without their permission unless there are child protection concerns.

Procedure for supporting those infected with HIV or Hepatitis B or C

- Staff should not expect to be informed of a pupil's or colleague's HIV or Hepatitis status.
- Staff told of a pupil's blood-borne viral status should inform the Headteacher and no one else.
- Pupils/colleagues must be informed of this procedure.
- No pupil or member of staff will be discriminated against as a result of such a disclosure.
- First Aid and control of infection practice should always follow current guidelines; this will protect all school members from infection with blood-borne viruses.

<u>Prepared by:</u>	PSHE Co-ordinator/Governors	<u>Responsibility of:</u>	PSHE Co-ordinator/Governors
<u>Agreement Date:</u>	Spring 2015	<u>Review Date:</u>	Spring 2017

This Policy was prepared giving due regard to the disabilities and/or special education needs, age, race, religion or belief, sex/sexual orientation, gender/gender reassignment, marriage and civil partnership, pregnancy and maternity of the children and staff at Witton Middle School and its community.

This Policy appears on the School's website.

Designated Safeguarding Lead:

Mrs. Cath Crossley

Deputy Designated Safeguarding Leads:

Mrs. Hannah Walsh/Mr. Simon Marshall

School Nurse:

Ms. Abbi Privetera/Mrs. Liz Allen/Ms. Helen Muddiman